

## 7.—Principal Heights in each Province and Territory—continued

Province and Height	Elevation	Province or Territory and Height	Elevation
	ft.		ft.
<b>Quebec—concluded</b>		<b>Alberta—concluded</b>	
<b>Appalachian Mountains—concluded</b>		<b>Rocky Mountains—concluded</b>	
Mattawa Mountain.....	3,500	Mount Fryatt.....	11,028
Bayfield Mountain.....	3,470	Mount Chow.....	10,930
Roundtop (Sutton Mountains).....	3,173	Mount Wilson.....	10,700
Hereford Mountain.....	2,775	Clearwater Mountain.....	10,420
Barn Mountain.....	2,750	Mount Coleman.....	10,286
Orford Mountain.....	2,750	Eiffel Peak.....	10,101
Pinnacle Mountain.....	2,200	Pinnacle Mountain.....	10,062
Brome Mountain.....	1,750	Mount Rundle.....	9,838
Shefford Mountain.....	1,725	The Three Sisters.....	9,744
<b>Shield—</b>		Mount Eisenhower.....	9,030
Mount Tremblant.....	2,900	Mount Edith.....	8,380
Mount Sainte-Anne.....	2,625		
Mount Sir Wilfrid.....	2,569		
<b>Monteregian Hills—</b>		<b>British Columbia</b>	
Saint-Hilaire Mountain.....	1,350	<b>Vancouver Island Ranges—</b>	
Yamaska Mountain.....	1,350	Mount Albert Edward.....	6,868
Rougemont.....	1,200	Mount Arrowsmith.....	5,962
Mount Royal.....	763	<b>Coast Mountains—</b>	
Mount Saint-Grégoire.....	750	Mount Waddington.....	13,260
		St. Elias Mountains—	
		*Mount Fairweather.....	15,300*
		*Mount Root.....	12,860*
		<b>Columbia Mountains—</b>	
		Monashee Mountains—	
		Mount Beattie.....	8,956
		Storm Hill.....	5,300
		<b>Selkirk Mountains—</b>	
		Mount Dawson.....	11,023
		Adamant Mountain.....	10,980
		Grand Mountain.....	10,842
		Iconoclast Mountain.....	10,646
		Mount Rogers.....	10,546
		<b>Rocky Mountains—</b>	
		Mount Robson.....	12,972
		Mount Clemenceau.....	12,001
		Mount Goodsir.....	11,686
		Mount Bryce.....	11,507
		Resplendent Mountain.....	11,240
		Mount King George.....	11,226
		Consolation Mountain.....	11,200
		The Helmet.....	11,160
		Whitehorn Mountain.....	11,130
		Mount Huber.....	11,051
		Mount Freshfield.....	10,945
		Mount Mummery.....	10,919
		Mount Vaux.....	10,891
		*Mount Ball.....	10,865*
		Mount Geikie.....	10,843
		Bush Mountain.....	10,770
		Mount Sir Alexander.....	10,740
		Churchill Peak.....	10,500
		Mount Stephen.....	10,495
		Cathedral Mountain.....	10,464
		Mount Gordon.....	10,346
		The President.....	10,297
		Odaray Mountain.....	10,175
		Mount Laussedat.....	10,035
		Mount Burgess.....	8,473
		<b>Yukon Territory</b>	
		<b>St. Elias Mountains—</b>	
		Mount Logan.....	19,850
		*Mount St. Elias.....	18,008*
		Lucania Mountain.....	17,147
		King Peak.....	17,130
		Mount Steele.....	16,644
		Mount Wood.....	15,885
		*Mount Vancouver.....	15,700*
		*Mount Hubbard.....	15,013*
		Mount Walsh.....	14,780
		*Mount Alverstone.....	14,500*
<b>Ontario</b>			
Ogidaki Mountain.....	2,183		
Batchawana Mountain.....	2,142		
Tip Top Mountain.....	2,099		
<b>Niagara Escarpment—</b>			
Osler Bluff.....	1,675		
Blue Mountains.....	1,650		
Caledon Mountain.....	1,400		
High Hill.....	1,163		
Mount Nemo.....	1,000		
<b>Manitoba</b>			
Porcupine Hills.....	2,700		
Duck Mountain.....	2,375		
Riding Mountain.....	2,000		
<b>Saskatchewan</b>			
Cypress Hills.....	4,567*		
Wood Mountain.....	3,275		
Vermilion Hills.....	2,500		
<b>Alberta</b>			
<b>Rocky Mountains—</b>			
*Mount Columbia.....	12,294*		
The Twins.....	12,085		
Mount Alberta.....	11,874		
*Mount Assiniboine.....	11,870*		
Mount Forbee.....	11,852		
Mount Temple.....	11,625		
Mount Kitchener.....	11,500		
*Mount Lyell.....	11,495*		
*Mount Hungabee.....	11,457*		
Mount Athabasca.....	11,452		
*Mount King Edward.....	11,400*		
Mount Brazeau.....	11,386		
*Mount Victoria.....	11,365*		
*Snow Dome.....	11,340*		
Stutfield Peak.....	11,320		
*Mount Joffre.....	11,316*		
*Deltaform Mountain.....	11,285*		
*Mount Lefroy.....	11,230*		
*Mount Alexandra.....	11,214*		
*Mount Sir Douglas.....	11,174*		
Mount Woolley.....	11,170		
*Lunette Peak.....	11,150*		
Mount Hector.....	11,148		
Diadem Peak.....	11,060		
Mount Edith Cavell.....	11,033		

For footnotes, see end of table.